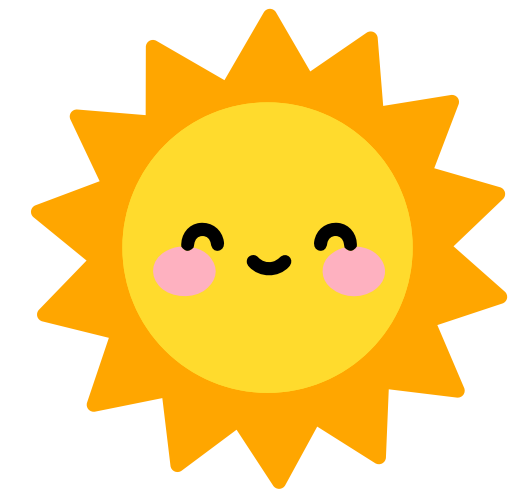




AFTER-SCHOOL WELLNESS AND SOCCER PROGRAM





AFTER-SCHOOL WELLNESS AND SOCCER PROGRAM

WHO?

6TH GRADE TO 12TH GRADE

WHAT?

-SOCCER 2 DAYS A WEEK
MENTAL HEALTH GROUP SESSIONS
PARENTING TRAINING

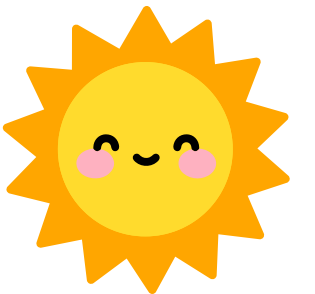
- TUTORING 5 DAYS A WEEK
-INDIVIDUALIZE BEHAVIORAL SERVICES
-DAILY NUTRITIOUS MEALS

WHERE?

CLASSES AT BRIGHTER DAYS FOUNDATION INTERNACIONAL, INC

WHEN?

MONDAY-FRIDAY / 3PM-7P



HOW?

TRANSPORTATION PROVIDED TO BRING STUDENT TO TE PROGRAM
PARENTS RETRIEVE STUDENTS FROM BRIGHTER DAYS FOUNDATION INTERNACIONAL, INC OR TRANSPORTED HOME

Who?

6th Grade- 12th Grade

Middle School children through High school kids that otherwise would not have the chance in participating in a soccer academy or receiving quality behavioral health services. We will also host trainings and seminars for parents that will support them by providing tools and techniques to endure the normal challenges faced by this age group.

What?

- Soccer Training games (2 Days X week)
- Tutoring (3 Days per Week),
- Mental Health Group Sessions
- Individualize Behavioral Services
- Parenting Training
- Daily Nutritious Meals

Where?

17340 NW 27th Ave
Miami Gardens, FL 33056

When?

Monday-Friday

How?

STUDENTS LEARN PERSONALIZED STRATEGIES TO TAKE CHARGE OF THOUGHTS, FEELINGS, AND ACTIONS TO GROW AS REGULATED, SELF-DIRECTED LEARNERS.

STUDENTS COMPLETE DIGITAL LESSONS DURING INTERVENTION TIME.

ONE-TO-ONE (1:1) THERAPISTS TO STUDENTS PROVIDES RICH FEEDBACK AND ENCOURAGEMENT THAT BUILDS STUDENT SELF-REGULATION AND CONFIDENCE. THERAPISTS ASSESS THE STUDENTS' PERSONALIZED TREATMENT PLAN TO ASSIST WITH INDIVIDUAL STUDENT GOALS AND CHALLENGES. THERAPISTS MONITOR PROGRESS AND COLLABORATE WITH STUDENTS FOR THE BEST SUPPORT.

STUDENTS LEARN TO IDENTIFY THEIR EMOTIONS, USING THEIR INNER STRENGTH, AND NAVIGATE TO POSITIVE OUTLOOKS FOR GROWTH IN THEIR PERSONAL DAY TO DAY ACTIVITIES. THERAPISTS COACH TO COMBAT SELF-DOUBT, REGULATE EMOTIONS AND ACTIONS AND TO STAY FOCUSED. STUDENTS COMPLETE ENGAGING DIGITAL LESSONS DURING ADVISORY OR AT OTHER SCHEDULED CONFERENCE TIMES. PERSONAL OPTIONS ARE AVAILABLE FOR HIGH SCHOOL STUDENTS FOR FUTURE VENTURES. ONE -TO-ONE (1:1) THERAPIST HELPS TO PERSONALIZE CONCEPTS TO EACH STUDENT'S GOALS SO THEY CAN TAKE DAILY STEPS FORWARD.

TUTORS WILL ASSES CHILDREN TO TAILOR PROGRAM TO EACH KID.

SOCCKER PRACTICES AND GAMES WILL TAKE PLACE TWICE A WEEK. EACH KID WILL BE PLACED IN A TEAM ACCORDING TO THEIR AGE AND SKILL LEVEL.



AFTER-SCHOOL WELLNESS AND SOCCER PROGRAM

Program Overview

- Soccer Training and games
- Tutoring
- Social and emotional learning
- Mental Health Group Sessions
- Individualized Behavioral Services
- Parenting Training and seminars
- Daily Nutritious Meals and snacks
- Transportation



Where?

17340 NW 27th Ave
Miami Gardens, FL 33056
Phone: 786-296-9095

When?

Monday-Friday 3:30PM-6:30PM
School Year and Summer Program
*summer hours TBD



Características del Programa

- Entrenamientos y juegos de fútbol
- Tutoría
- Aprendizaje social y emocional
- Sesiones de grupo de salud mental
- Servicios de salud mental individualizados
- Capacitación y seminarios para padres
- Comidas y refrigerios nutritivos diarios
- Transporte



Donde?

17340 NW 27th Ave
Miami Gardens, FL 33056
Phone: 786-296-9095

Cuando?

Lunes-Viernes 3:30PM-6:30PM
Año Escolar y programa de verano
*Horario de verano por ser determinado



